



Tralonda Triplett, PhD, MPH
Director of Operations
Institute for Successful Leadership, Inc.

Dr. Tralonda Triplett is celebrating 23 years of service as Co-Owner and Director of Operations for the Institute for Successful Leadership, Inc. Dr. Triplett leads ISL's drive to foster comprehensive wellness—not just the absence of disease—in diverse populations across the lifespan and around the globe. Triplett completed undergraduate degrees in

Business Administration from Clark Atlanta University, and Industrial and Systems Engineering from Georgia Tech. She is honored as a University of Michigan Bridges to the Doctorate Fellow, McKnight Doctoral Fellow, and Distinguished Alumna of the University of Miami Leonard M. Miller School of Medicine where she earned her Master of Public Health and Doctorate of Epidemiology degrees.

In her quote, “Heal the people, heal the world”, Dr. Triplett depicts her perspective that improving health status of communities begins with women obtaining higher levels of health and qualities of life. Dr. Triplett's signature approach to addressing individual- and group-level health risks simultaneously has served as a strong foundation to promote lifelong health for women. She has provided technical assistance and leadership development to diverse industries and audiences worldwide. Triplett also heads ISL's public health ethics efforts and serves as Editor-in-Chief for the *International Journal of Ethnic College Health*.

A self-proclaimed “citizen of the world,” Dr. Triplett currently resides in Orlando, Florida, but adores international travel and live music entertainment. She is a proud daughter to her parents, sister to two siblings, and aunt to one nephew and three nieces.